

Am I Eligible?

Effective October 1, 2015

People in Household	Gross Monthly Income*	Net Monthly Income
1	\$1,276	\$981
2	\$1,726	\$1,328
3	\$2,177	\$1,675
4	\$2,628	\$2,021
5	\$3,078	\$2,368
6	\$3,529	\$2,715
7	\$3,980	\$3,061
8	\$4,430	\$3,408
Each additional	Plus \$451	Plus \$347

Maximum SNAP Allotment (per month)	
Household Size	Maximum Allotment
1	\$194
2	\$357
3	\$511
4	\$649
5	\$771
6	\$925
7	\$1,022
8	\$1,169
Each add'l	Add \$146



*SNAP eligibility is calculated by Gross Monthly Income. If you meet these income requirements, you *may* be eligible for SNAP. If you are over the age of 60, different eligibility requirements may exist. Please contact the SNAP Outreach Assistance Hotline at (855) 444-5556 to determine eligibility.



For additional information or to receive assistance with the SNAP application process, contact:
SNAP Outreach Assistance Hotline
(855) 444-5556

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Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

Buying Healthy Food is a **SNAP!**



What is SNAP?

The Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program, helps individuals and families buy nutritious food by providing a monthly allotment of benefits on an Electronic Benefit Transfer (EBT) card.

How Do I Apply?

There are several ways to apply for benefits:

1. Contact the SNAP Assistance Hotline at **(855) 444-5556** where SNAP Outreach staff can assist you with an application.
2. Apply online at <http://www.ACCESSNebraska.ne.gov>.

Documents you may need to apply:

- Personal identification including driver's license or photo ID and social security numbers for each member applying for benefits.
- Proof of expenses such as rent or mortgage bills, tax statements, utility bills.
- Proof of income for last 30 days including employment paystubs, Social Security income, child support, etc.

SNAP Facts



1. SNAP benefits come on a card that looks like a bank debit card. Shopping with SNAP is easy and discreet.
2. Many working families receive SNAP. If you fall within the income guidelines, you may be able to participate. Plus, you can deduct the full amount of your child care expenses, which will help you qualify for higher benefits.
3. Seniors can receive SNAP and still get commodities and meals-on-wheels.
4. You can be receiving SSI, disability-related Medicaid, or other insurance benefits while participating in SNAP.
5. The average monthly benefit per person in Nebraska is \$121.60 and \$53.00 for seniors.
6. You can own a house and a vehicle and still receive SNAP benefits.
7. SNAP benefits are available to anyone that qualifies. Participating in SNAP does not take benefits away from anyone who needs it more.
8. Parents may apply for SNAP benefits on behalf of their children born in the United States without hurting their chance of becoming a citizen.
9. Information provided to prove eligibility for SNAP is confidential—if you are an undocumented immigrant you will not be asked to provide your immigration documents. If you are a legal immigrant, applying for SNAP will not hurt your chances of becoming a citizen.
10. Every family situation is unique. Depending on the household size, income, resources and expenses the SNAP benefit amount will vary for each family or individual.

